

Building for the Future

This day care facility participates in the Child and Adult Care Food Program (CACFP), a Federal Child Nutrition (CN) Program that provides healthy meals and snacks to children receiving care.

Each day more than 2.6 million children participate in CACFP at day care homes and centers across the country. Providers are reimbursed for serving nutritious meals which meet USDA requirements. The program plays a vital role in improving the quality of day care and making it more affordable for low-income families.

Meals CACFP homes and centers follow meal requirements established by the USDA.

Breakfast	Lunch or Supper	Snacks (two of the five items)
Milk Fruit or Vegetable Grains or Bread Meat/Meat Alternate (to replace grain up to 3 times per week)	Milk Meat or meat alternate Grains or bread Fruit Vegetable	Milk Meat or meat alternate Grains or bread Fruit Vegetable

Participating

Facilities Many different homes and centers operate CACFP and share the common goal of bringing nutritious meals and snacks to participants. Participating facilities include:

- **Child Care Centers:** Licensed or approved public or private nonprofit child care centers, Head Start programs, and some for-profit centers
- **Family Day Care Homes:** Licensed or approved private homes
- **At-Risk Afterschool Care Programs:** Centers in low-income areas provide free snacks and meals to school-age children and youth
- **Homeless Shelters:** Emergency shelters provide food services to homeless children

Eligibility State agencies reimburse facilities that offer non-residential day care to the following children:

- Children age 12 and under,
- Migrant children age 15 and younger, and
- Youths through age 18 in afterschool care programs in needy areas

Contact Information If you have question about the CACFP, please contact your

Center/Sponsoring Organization:

The Planning Council
2551 Eltham Avenue
Suite I
Norfolk, VA 23513
Phone: 757-622-9268

or

State Administering Agency:

Virginia Department of Health
Division of Community Nutrition
109 Governor Street, 8th Floor
Richmond, VA 23219
Help Desk: 1-877-618-7282

This institution is an equal opportunity provider.